

Dual Meet

TEAM1 & TEAM2

- Sponsored by:** TEAM1
- Sanction No:** UT In granting this sanction, it is understood that *USA Swimming* shall be free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Location:** Pool
Street Address
Any town, UT 84???
- Dates/Times:** Anyday, Month, Year
Warm-up:
Start:
- Course:** Eight Lane indoor 25-yard championship pool. Non-turbulent ropes
- Meet Director:**
Meet Referee:
Meet Starter:
- Rules:** 2004 USA Swimming Rules will govern the meet. Utah warm-up rules will be enforced.
- Eligibility:** The meet is open to all 2004 registered *USA Swimming* athletes who are members of TEAM1 or TEAM2.
- Timing:** Colorado 5000 electronic timing system with horn start and nine (9) lane electronic scoreboard.
- Entries & Fees:** \$3.00 per swimmer. Entries will be limited to (4) four events and one relay.
- Awards:** Ribbons 1st-8th place.
- Scratch Procedure:** Submit scratches 30 minutes before the start of the meet. If a swimmer misses his event, he will not be allowed to swim that event. However, he will not be scratched from his subsequent events.
- Meet Format:** This meet will be run as timed finals. There will be no time trials.
- Warm-up:** All warm-ups will be done under the supervision of an USA Swimming official. Coaches have the responsibility of insuring that all their swimmers are instructed in warm-up procedures and that the swimmers follow all Utah Swimming safety procedures. All Swimmers will enter the pool from a sitting position. There will be no pushing, splashing, running, or any other general horseplay. Swimmers engaged in such activities will be asked to leave the pool. All lanes of the pool will be circle swimming only. During the last 15 minutes of warm-up, lanes and 2 and 5 will be opened for diving starts.

TEAM1 vs. TEAM2 Dual Meet
EVENTS

<u>Girls</u>	<u>Date</u>	<u>Boys</u>
1	10 & U 200 Free Relay	2
3	11 - 12 200 Free Relay	4
5	13 & O 200 Free Relay	6
7	10 & U 50 Fly	8
9	11 - 12 50 Fly	10
11	13 & O 100 Fly	12
13	10 & U 50 Back	14
15	11 - 12 50 Back	16
17	13 & O 100 Back	18
19	10 & U 100 IM	20
21	11 - 12 100 IM	22
23	13 & O 200 IM	24
25	10 & U 50 Breast	26
27	11 - 12 50 Breast	28
29	13 & O 100 Breast	30
31	10 & U 50 Free	32
33	11 - 12 50 Free	34
35	13 & O 50 Free	36
37	10 & U 500 Free	38
39	11 - 12 500 Free	40
41	13 & O 1000 Free	42