2013-2014 SHORT COURSE TIME STANDARDS (14 and Under)

GIRLS			10 & Under	BOYS		
SC YARDS	**SC METERS**	**LC METERS**		**LC METERS**	**SC METERS**	**SC YARDS**
35.19	38.99	39.89	**50 Free**	39.89	38.99	35.19
1:18.59	1:27.39	1:28.89	**100 Free**	1:29.39	1:26.69	1:17.99
2:58.29	3:16.99	3:25.09	**200 Free**	3:16.99	3:11.89	2:53.89
7:13.99	6:19.39	6:32.79	**400/500 Free**	6:29.79	6:16.19	7:09.99
41.59	44.89	46.69	**50 Back**	48.09	45.59	40.99
1:31.79	1:37.99	1:43.09	**100 Back**	1:46.09	1:42.39	1:34.59
47.49	50.99	53.69	**50 Breast**	54.99	53.09	48.69
1:44.99	1:53.19	1:58.59	**100 Breast**	1:59.79	1:56.19	1:46.49
43.19	47.49	48.59	**50 Fly**	48.59	47.49	43.19
1:43.59	1:54.29	1:57.69	**100 Fly**	1:55.49	1:52.59	1:42.09
1:32.09	1:41.99		**100 IM**		1:40.59	1:30.99
3:19.39	3:40.29	3:47.29	**200 IM**	3:47.29	3:40.29	3:19.39
2:24.79	2:40.79	2:43.59	**200 Free Relay**	2:41.59	2:38.09	2:22.39
5:28.79	6:04.99	6:11.99	**400 Free Relay**	6:04.39	5:58.39	5:22.79
2:50.69	3:09.49	3:14.29	**200 Med. Relay**	3:14.69	3:10.39	2:51.49

11-12

SC YARDS	**SC METERS**	**LC METERS**		**LC METERS**	**SC METERS**	**SC YARDS**
30.39	33.49	34.59	**50 Free**	34.79	33.69	30.59
1:06.79	1:14.29	1:15.59	**100 Free**	1:16.49	1:13.99	1:07.49
2:27.59	2:43.49	2:46.99	**200 Free**	2:50.69	2:45.29	2:29.79
6:40.09	5:50.09	6:00.09	**400/500 Free**	5:58.49	5:46.99	6:36.49
36.19	39.39	40.79	**50 Back**	41.59	39.79	35.79
1:16.49	1:24.99	1:27.59	**100 Back**	1:29.09	1:26.29	1:19.19
2:52.69	3:10.79	3:17.49	**200 Back**	3:13.39	3:03.99	2:46.49
40.99	45.09	46.49	**50 Breast**	46.49	45.09	40.99
1:28.89	1:37.49	1:40.69	**100 Breast**	1:40.69	1:37.49	1:28.89
3:13.99	3:34.39	3:40.59	**200 Breast**	3:35.09	3:26.69	3:07.09
35.29	39.09	39.89	**50 Fly**	40.19	39.29	35.59
1:21.09	1:29.69	1:31.99	**100 Fly**	1:31.09	1:27.99	1:19.69
2:51.59	3:09.49	3:15.69	**200 Fly**	3:12.79	3:05.79	2:48.29
1:17.29	1:26.89		**100 IM**		1:26.59	1:18.29
2:50.69	3:08.69	3:12.89	**200 IM**	3:12.99	3:07.49	2:51.19
6:09.39	6:43.19	6:59.19	**400 IM**	6:50.29	6:35.29	6:00.69
2:09.19	2:23.49	2:25.59	**200 Free Relay**	2:23.19	2:18.99	2:05.19
4:42.39	5:13.49	5:21.59	**400 Free Relay**	5:10.39	5:04.19	4:33.99
2:25.99	2:42.09	2:45.59	**200 Med. Relay**	2:45.59	2:41.09	2:25.09

13-14

SC YARDS	**SC METERS**	**LC METERS**		**LC METERS**	**SC METERS**	**SC YARDS**
28.19	31.39	31.99	**50 Free**	30.19	29.39	26.29
1:00.59	1:07.39	1:08.59	**100 Free**	1:05.99	1:03.99	57.59
2:12.59	2:26.89	2:29.99	**200 Free**	2:26.99	2:22.49	2:08.59
6:02.49	5:14.39	5:23.09	**400/500 Free**	5:23.99	5:15.49	6:02.99
13:08.29	11:29.89	11:41.99	**800/1000 Free**	11:23.99	11:07.29	12:43.59
21:53.19	21:45.59	22:23.09	**1500/1650 Free**	21:55.59	21:10.29	21:17.79
1:09.89	1:17.69	1:20.09	**100 Back**	1:18.69	1:15.29	1:07.79
2:32.79	2:49.79	2:54.19	**200 Back**	2:52.99	2:45.09	2:33.79
1:19.59	1:28.49	1:30.49	**100 Breast**	1:30.49	1:26.59	1:18.59
2:54.59	3:14.19	3:16.59	**200 Breast**	3:16.09	3:05.59	2:53.19
1:14.49	1:21.89	1:24.09	**100 Fly**	1:19.39	1:17.39	1:10.09
2:40.99	2:57.89	3:03.69	**200 Fly**	2:54.99	2:50.79	2:34.59
2:32,39	2:49.19	2:53.79	**200 IM**	2:51.79	2:44.09	2:31.99
5:29.59	6:05.89	6:16.29	**400 IM**	6:15.59	6:03.89	5:29.29
2:01.39	2:14.79	2:19.79	**200 Free Relay**	2:12.79	2:07.89	1:55.19
4:25.19	4:54.39	5:03.19	**400 Free Relay**	4:48.79	4:39.29	4:11.59
5:01.99	5:35.29	5:41.69	**400 Med. Relay**	5:18.39	5:11.99	4:40.99

updated October 2013