

# Long Course Utah State Records

Girls			10-Under	Boys		
Name	Year	Time	Event	Time	Year	Name
Hailey Pabst	2007	30.50	50 Freestyle	30.12	2011	Lucas Hess
Hailey Pabst	2007	1:07.08	100 Freestyle	1:06.49	2011	Lucas Hess
Courtney McKinney	1990	2:24.16	200 Freestyle	2:23.51	2002	Jake Taylor
Hailey Pabst	2007	5:13.64	400 Freestyle	5:17.50	2002	Jake Taylor
Sara Watchorn	1992	34.32	50 Backstroke	36.29	1980	Jason Hayes
Sara Watchorn	1992	1:13.11	100 Backstroke	1:19.16	2011	Zerin Wolfgramm
Hailey Pabst	2007	38.07	50 Breaststroke	40.45	1995	Jaren Hayes
Hailey Pabst	2007	1:23.65	100 Breaststroke	1:28.30	1995	Jaren Hayes
Sara Watchorn	1992	33.01	50 Butterfly	33.15	2008	Brian O'Neal
Sara Watchorn	1992	1:14.17	100 Butterfly	1:13.66	2011	Lucas Hess
Hailey Pabst	2007	2:46.33	200 Individual Medley	2:43.05	2011	Lucas Hess
S.T.A.T.	1992	2:13.84	200 Freestyle Relay	2:19.90	1994	S.T.A.T.
S.T.A.T.	1992	4:49.59	400 Freestyle Relay	5:10.35	2005	H.A.S.T.
S.T.A.T.	1992	2:33.68	200 Medley Relay	2:35.34	1994	S.T.A.T.
Girls			11-12	Boys		
Name	Year	Time	Event	Time	Year	Name
Hailey Pabst	2008	27.96	50 Freestyle	27.56	1984	Marc Penrod
Shaylee Howard	2008	1:01.67	100 Freestyle	1:00.12	2010	Brock Harries
Hailey Pabst	2008	2:13.37	200 Freestyle	2:11.29	2010	Brock Harries
Eva Gontrum	2010	4:41.45	400 Freestyle	4:36.43	2011	Trey Freeman
Zoe Phillips	2010	9:38.88	800 Freestyle	9:52.77	2001	Luke Monson
Eva Gontrum	2010	18:27.42	1500 Freestyle	18:59.71	2001	Luke Monson
Amelia Wolfgramm	2008	32.28	50 Backstroke	32.06	2010	Brock Harries
Autumn Wolfgramm	2010	1:09.54	100 Backstroke	1:08.69	1997	Andrew Cole
Zoe Phillips	2010	2:33.80	200 Backstroke	2:29.66	2010	Brock Harries
Brianna Francis	2008	35.57	50 Breaststroke	35.91	1983	Danny Quale
Brianna Francis	2008	1:16.60	100 Breaststroke	1:20.29	1984	Marc Penrod
Brianna Francis	2008	2:47.92	200 Breaststroke	2:56.40	2006	Zach Santella
Natasha Kinney	2011	30.10	50 Butterfly	29.85	2007	Long Gutierrez
Natasha Kinney	2011	1:07.83	100 Butterfly	1:05.76	2007	Long Gutierrez
Brianna Francis	2008	2:40.88	200 Butterfly	2:36.32	2007	Long Gutierrez
Zoe Phillips	2010	2:33.74	200 Individual Medley	2:30.08	1994	David Fleisch
Zoe Phillips	2010	5:25.21	400 Individual Medley	5:31.44	2004	Jake Taylor
P.C.S.	2011	2:03.72	200 Freestyle Relay	2:03.70	1993	C.H.A.T.
P.C.S.	2011	4:29.07	400 Freestyle Relay	4:23.58	2010	C.H.A.T.
C.H.A.T.	2011	2:17.26	200 Medley Relay	2:18.30	1994	C.H.A.T.
C.H.A.T.	1994	5:09.13	400 Medley Relay	5:00.22	1994	C.H.A.T.
Girls			13-14	Boys		
Name	Year	Time	Event	Time	Year	Name
Hailey Pabst	2011	27.15	50 Freestyle	25.14	1995	David Fleisch
Hailey Pabst	2011	59.26	100 Freestyle	54.71	2009	Long Gutierrez
Hailey Pabst	2011	2:06.67	200 Freestyle	1:59.53	2009	Long Gutierrez
Hailey Pabst	2011	4:30.07	400 Freestyle	4:13.95	2009	Long Gutierrez
Zoe Phillips	2011	9:28.34	800 Freestyle	8:52.29	2005	Joseph Beutler
Zoe Phillips	2011	17:52.36	1500 Freestyle	16:55.78	2005	Joseph Beutler
Candice Smith	2005	1:05.49	100 Backstroke	1:02.79	1999	Andrew Cole
Candice Smith	2005	2:22.52	200 Backstroke	2:16.82	1995	David Fleisch
Brianna Francis	2010	1:15.18	100 Breaststroke	1:10.26	2006	Chad Sorensen
Brianna Francis	2010	2:41.66	200 Breaststroke	2:37.95	1993	Daniel Higginson
Ana Agy	2002	1:05.09	100 Butterfly	57.28	2009	Long Gutierrez
Sida Liu	1999	2:24.44	200 Butterfly	2:07.75	2009	Long Gutierrez
Brianna Francis	2010	2:27.32	200 Individual Medley	2:18.44	2009	Long Gutierrez
Zoe Phillips	2011	5:06.87	400 Individual Medley	4:52.60	1995	David Fleisch
P.C.S.	2011	1:57.34	200 Freestyle Relay	1:46.59	2009	C.H.A.T.
S.Y.A.C.	2011	4:16.61	400 Freestyle Relay	3:54.96	2009	C.H.A.T.
C.H.A.T.	1983	9:32.72	800 Freestyle Relay	9:02.30	2005	E.A.T.
S.T.A.T.	1993	2:07.89	200 Medley Relay	2:13.69	1993	S.T.A.T.
C.H.A.T.	2009	4:43.07	400 Medley Relay	4:22.35	2009	C.H.A.T.

Girls			15-16			Boys		
Name	Year	Time	Event	Time	Year	Name	Year	Time
Leilani Roberts	2003	27.21	50 Freestyle	24.40	2010	Long Gutierrez	2010	
Heidi Hausknecht	1994	59.02	100 Freestyle	52.99	2008	Jake Taylor	2008	
Leilani Roberts	2003	2:06.26	200 Freestyle	1:55.23	2010	Long Gutierrez	2010	
Amanda Barrett	2010	4:28.27	400 Freestyle	4:08.59	2007	Joseph Beutler	2007	
K.C. Albiston	2004	9:11.67	800 Freestyle	8:39.34	2006	Joseph Beutler	2006	
K.C. Albiston	2004	17:32.39	1500 Freestyle	16:39.48	2005	Lucien Monson	2005	
Candice Smith	2007	1:05.68	100 Backstroke	59.71	2003	Casey Kleinman	2003	
Erin Pabst	2006	2:21.54	200 Backstroke	2:09.65	2003	Casey Kleinman	2003	
Brianna Francis	2011	1:13.12	100 Breaststroke	1:06.33	2009	Greg Ballif	2009	
Brianna Francis	2011	2:39.59	200 Breaststroke	2:27.88	1991	Brian Keegan	1991	
Jennifer Fredsall	2003	1:03.49	100 Butterfly	55.40	2010	Long Gutierrez	2010	
Amie Nielsen	1991	2:22.75	200 Butterfly	2:02.92	2010	Long Gutierrez	2010	
Brianna Francis	2011	2:23.39	200 Individual Medley	2:10.62	2010	Long Gutierrez	2010	
Brianna Francis	2011	5:06.14	400 Individual Medley	4:39.81	2007	Joseph Beutler	2007	
E.A.T.	2008	1:55.69	200 Freestyle Relay	1:42.59	2008	C.H.A.T.	2008	
S.Y.A.C.	2005	4:14.32	400 Freestyle Relay	3:46.54	2010	C.H.A.T.	2010	
C.H.A.T.	1982	9:24.72	800 Freestyle Relay	8:47.35	2005	UVRays	2005	
C.H.A.T.	1997	2:20.14	200 Medley Relay	2:02.39	1997	C.H.A.T.	1997	
S.Y.A.C.	2005	4:42.84	400 Medley Relay	4:07.73	2010	C.H.A.T.	2010	
Girls			17-18			Boys		
Name	Year	Time	Event	Time	Year	Name	Year	Time
Ana Agy	2006	27.09	50 Freestyle	24.11	2010	Jake Taylor	2010	
Anna Crandall	2006	58.83	100 Freestyle	52.49	2006	George Evans	2006	
Anna Crandall	2006	2:06.56	200 Freestyle	1:55.74	2009	Jake Taylor	2009	
Amanda Barrett	2010	4:25.16	400 Freestyle	4:05.53	2011	Shawn Western	2011	
Cherrill Haws	1993	9:03.59	800 Freestyle	8:24.78	2011	Shawn Western	2011	
Cherrill Haws	1993	17:11.20	1500 Freestyle	16:12.85	2004	Brooks Felton	2004	
Candice Smith	2008	1:05.02	100 Backstroke	57.98	2009	Jake Taylor	2009	
Candice Smith	2008	2:16.73	200 Backstroke	2:09.08	2011	Shawn Western	2011	
Sara Nicponski	2007	1:10.91	100 Breaststroke	1:05.71	2011	Matt Swallow	2011	
Sara Nicponski	2007	2:35.65	200 Breaststroke	2:25.29	2011	Matt Swallow	2011	
Ana Agy	2006	1:02.28	100 Butterfly	56.41	2002	Tyler Panos	2002	
Ana Agy	2006	2:21.42	200 Butterfly	2:08.39	1994	Matt Chamberlain	1994	
Anna Crandall	2006	2:22.35	200 Individual Medley	2:09.02	2009	Jake Taylor	2009	
Amanda Barrett	2010	5:07.78	400 Individual Medley	4:37.60	2008	Joseph Beutler	2008	
C.H.A.T.	2008	1:59.66	200 Freestyle Relay	1:39.40	2011	W.F.F.M.	2011	
C.H.A.T.	1984	4:33.84	400 Freestyle Relay	3:45.95	2008	C.H.A.T.	2008	
H.A.S.T.	2009	9:10.50	800 Freestyle Relay					
			200 Medley Relay	1:50.10	2011	W.F.F.M.	2011	
C.H.A.T.	1992	4:36.81	400 Medley Relay	4:01.08	2011	W.F.F.M.	2011	
Girls			SENIOR			Boys		
Name	Year	Time	Event	Time	Year	Name	Year	Time
Sara Watchorn	2001	26.36	50 Freestyle	22.79	2007	Brett Allen	2007	
Cortnee Adams	2003	57.15	100 Freestyle	51.22	2008	Gregor Greiner	2008	
Ali McInturff	2005	2:05.81	200 Freestyle	1:54.23	2007	Zach Anderson	2007	
Cherrill Haws	1995	4:22.73	400 Freestyle	4:00.43	2007	Zach Anderson	2007	
Cherrill Haws	1995	8:49.96	800 Freestyle	8:24.78	2011	Shawn Western	2011	
Cherrill Haws	1995	16:55.73	1500 Freestyle	16:12.85	2004	Brooks Felton	2004	
Candice Smith	2008	1:05.02	100 Backstroke	57.98	2009	Jake Taylor	2009	
Candice Smith	2008	2:16.73	200 Backstroke	2:09.65	2003	Casey Kleinman	2003	
Sara Nicponski	2007	1:10.91	100 Breaststroke	1:02.88	1997	William Schefchik	1997	
Sara Nicponski	2007	2:35.65	200 Breaststroke	2:17.07	1997	William Schefchik	1997	
Kim Welch	2011	1:01.68	100 Butterfly	55.40	2010	Long Gutierrez	2010	
Jana Willsey	2008	2:21.31	200 Butterfly	2:00.85	1988	Shawn Rowland	1988	
Anna Crandall	2006	2:22.35	200 Individual Medley	2:03.86	2004	Diogo Yabe	2004	
Kristin Kaiser	2002	4:59.36	400 Individual Medley	4:26.59	1988	Shawn Rowland	1988	
C.A.R.	2008	1:46.86	200 Freestyle Relay	1:35.34	2005	C.H.A.T.	2005	
C.H.A.T.	2006	3:55.56	400 Freestyle Relay	3:32.22	2005	C.H.A.T.	2005	
U.U.	2003	8:38.37	800 Freestyle Relay	7:54.73	2006	C.H.A.T.	2006	
H.A.S.T.	2011	2:04.75	200 Medley Relay	1:48.53	2006	C.H.A.T.	2006	
C.H.A.T.	2006	4:24.22	400 Medley Relay	3:55.97	2003	UTAH	2003	