

**Cache Valley Marlins Invitational**  
**Saturday, February 13, 2010**

**Sanction No. UT10-10**

In granting this sanction, it is understood USA Swimming and Utah Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Whether entries are submitted electronically or on paper, by the action of entering the swimmer in the meet the submitter whether the swimmer, coach, parent or team representative, certifies that the swimmer is a registered member of USA Swimming and that all times stated in/on the entry are true and correct. The submitter further assumes responsibility for any false or incorrect times, and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures, and that a fine of \$20.00 shall be paid to Utah Swimming, Inc. for each incorrect time, unless corrected before the entry deadline. It is understood that an automatic call before the review section shall be the result for a third entry time that cannot be verified. The submitter further agrees that a penalty of \$100.00 shall be assessed to anyone entering a swimmer in a meet sanctioned by Utah Swimming, Inc. who is not registered with USA Swimming at the time of entry, upon it being proven that the swimmer was not so registered.

**Location:** Mountain Crest pool (Stang Aquatic Center). Located at 255 S. 800 E., Hyrum, UT 84319.

**Date:** Saturday, February 13, 2010.

**Time:** Warm-up for meet: 8:00 a.m. Meet starts: 9:00 a.m.

**Course:** Six (6) lane 25-yard indoor pool, with non-turbulent lane lines, Colorado timing System.

**EACH PARTICIPATING TEAM IS RESPONSIBLE FOR TWO TIMERS PLEASE.**

**Meet Director:** Yolanda Bates: 435-245-7962

**Host Coach:** Marcus Singleton: 435-245-7962

**Meet Referee:** Laura Clayton: 435-752-6386

**Meet Starter:** Kevin Rhodes / Teri Rhodes: 435-563-3570

**Rules:** 2009 USA rules will be enforced. All swimmers must be USA registered prior to the meet.

**Age:** Swimmer's age as of February 13, 2010 shall determine age for the entire meet.

**Eligibility:** Open to all 2010 USA Swimming registered swimmers.

**Entries:** Each swimmer may swim up to **FIVE** events. Meet will be limited to first 200 swimmers. Teams will not be split. There will be no deck entries.

**Entries accepted only on disks using Hy-Tek Software OR on enclosed entry form. "No Times" will be accepted. There will be a heat sheet printed ahead of time. In the event of scratches, there will be empty lanes.**

**Format:** Timed finals. Negative check in will be in effect (only scratches). Scratches should be declared 30 minutes prior to the start of the meet, absolute latest. Time trials will not be offered at this meet.

**Results:** To obtain results, please bring a flash card or e-mail Yolanda at [yolandabates@pcu.net](mailto:yolandabates@pcu.net).

**\*\*\*The 500 will be limited to the first 12 swimmers.\*\*\***

**\*\*\*The 1650 will be limited to the first 12 swimmers.\*\*\***

**Entry Fees:** \$3.00 per individual event, \$4.00 surcharge per swimmer. All fees must accompany entries and are not refundable. Please make one check payable to Cache Valley Marlins (CVM).

**Entry Deadline:** All entries need to be postmarked by Saturday, February 6, 2010. Hand delivered by 6:00 p.m. Monday, February 8, 2010.

**Mail or deliver entries to:**

Yolanda M. Bates      E-mail: [yolandabates@pcu.net](mailto:yolandabates@pcu.net)

40 South 300 East

Logan, Utah 84321

**Check In:** Negative check in will be in effect (only scratches). Scratches should be declared 30 minutes prior to the start of the meet, absolute latest. A mandatory scratch-down will apply at this meet, subject to the provisions of USA Swimming Rules and Regulations (205.3.1F). If a scratch-down is needed to meet the four (4) hour time limit, swimmers will be reimbursed.

**Unaccompanied Swimmers:** As per USA Swimming rule 202.3.2, all USA swimming athletes must be under the supervision of a USA Swimming member coach during warm up, competition, and warm down. If you do not have a coach with you, please check in with the meet director or referee before entering the pool. A coach will be assigned to you.

**Safety Rules:** Utah Swimming Safety and Warm-up Procedures will be in effect.

**Warm-Up:** All warm-ups must be under the supervision of a USA coach or official. Coaches have the responsibility of insuring that all their swimmers are instructed in warm-up rules and that swimmers follow all Utah Swimming Rules. Swimmers must enter the water by walking down the steps, or from a sitting position from the ends or sides of the pool. All lanes are circle swimming, except during the last 15 minutes of warm-up. During the last 15 minutes, lanes 2 and 5 are sprint lanes with dive start only.

**No-Show Penalty:** Any swimmer missing their event will not be allowed to swim that event; however, they will not be scratched from their subsequent events.

**Awards:** Ribbons 1<sup>st</sup> through 6<sup>th</sup> per individual event and according to age group. In the designated senior events, the awards will be given out as follows: \*10&U, 11-12, 13-14, 15&O. There will be prizes for those achieving best times.

**Please keep in mind that this is a private facility. Use the locker rooms to get dressed only. Do not play in the locker room area, and stay within the pool boundaries.**

<b>EVENT # FEMALE</b>	<b>NAME OF EVENT WARM-UP 8:00 A.M.</b>	<b>EVENT # MALE</b>
1	Senior 500 Free*	2
3	Senior 200 Fly*	4
5	10 & U 50 Fly	6
7	11-12 50 Fly	8
9	Senior 100 Fly*	10
11	10 & U 50 Free	12
13	11-12 50 Free	14
15	Senior 50 Free	16
17	Senior 200 Back*	18
19	10 & U 50 Back	20
21	11-12 50 Back	22
23	Senior 100 Back*	24
25	Senior 200 IM*	26
27	10 & U 100 IM	28
29	11-12 100 IM	30
31	Senior 400 IM*	32
33	Senior 100 Free	34
35	10 & U 100 Free	36
37	11-12 100 Free	38
39	Senior 200 Free*	40
41	Senior 200 Breast*	42
43	10 & U 50 Breast	44
45	11-12 50 Breast	46
47	Senior 100 Breast*	48
	<b>TEN MINUTE BREAK</b>	
49	Senior 1650 Free*	50
	<i>* Ribbons will be awarded to these age groups: 10 &amp; Under, 11-12, 13-14, and 15 &amp; Over.</i>	

For Events 49 and 50, a swimmer may request the 1000 split time but he/she must complete the 1650 Free race.