

# 33<sup>rd</sup> Annual Cottonwood Heights Invitational: Hosted by CHAT

## June 18, 19, 20 and 21, 2008

**Sanction Number:** UT08-035: Meet held under the sanction of United States Swimming, Inc. In granting this sanction number, it is understood and agreed USA Swimming shall be free from any and all liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event. "Whether entries are submitted electronically or on paper, by the action of entering the swimmer in the meet the submitter, whether the swimmer, coach, parent or team representative, certifies that the swimmer is a registered member of USA Swimming and that all times stated in/on the entry are true and correct. The submitter further assumes responsibility for any false or incorrect times, and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures, and that a fine of \$20.00 shall be paid to Utah Swimming, Inc. for each incorrect time, unless corrected before the entry deadline. It is understood that an automatic call before the review section shall be the result for a third entry time that cannot be verified. The submitter further agrees that a penalty of \$100.00 shall be assessed to anyone entering a swimmer in a meet sanctioned by Utah Swimming, Inc. who is not registered with USA Swimming at the time of entry upon it being proved that the swimmer was not so registered."

**Location:** Cottonwood Heights Recreation Center  
7500 South 2700 East  
Salt Lake City, Utah 84121  
Telephone: (801) 943-3190

**Dates:** WEDNESDAY, JUNE 18, 2008  
THURSDAY, JUNE 19, 2008  
FRIDAY, JUNE 20, 2008  
SATURDAY, JUNE 21, 2008

**Course:** Cottonwood Heights Recreation Center, outdoor 50-meter pool; with eight, nine foot swimming lanes; separate warm-up pool; Keiffer lane lines; Paragon inclined blocks; and Colorado Timing system with horn start and score boards.

**Meet Director(s):** Lyse' Durrant (801) 943-3190 ext. 116 or [lysed@cottonwoodheights.com](mailto:lysed@cottonwoodheights.com)

**Meet Referee:** Debby Fleisch (801) 943-2182

**Head Starter(s):** Kyle Westra, Robert Miner

**Rules:** 2008 USA Swimming Rules will apply. Utah Swimming warm-up rules will be in effect and will be posted.

**Eligibility:** Open to all swimmers currently (2008) registered with USA Swimming. Deck registration will not be allowed. Swimmers age as of June 18, 2008 will determine age for the entire meet. **14 & under swimmer's choosing to swim in their respective age group may enter the distance free (800/1500) events in the senior category which will be seeded and swam by entry times, but will be scored and awarded by age group (13-14 and Senior). If, however, a 14 & under swimmer chooses to swim other events in the senior category, he/she must swim the entire meet in the senior category.**

**Meet Format:** The meet will be prelims and finals, with a "Non-Qualifier" Meet running between sessions. There will be a championship and consolation heat in finals. Warm-up for prelims will be at 7:00 am. The meet begins at 8:00 a.m. Finals will begin no earlier than 6:00 p.m. (or no sooner than 30 minutes after the "Non-Qualifier" Meet ends) with warm-up no earlier than 5:00 p.m. No "check in" for the Invitational will be required, a scratch box will be provided. See Utah Scratch Procedures below for more information.

Warm-up for the 1500's on Wednesday will be at 5:30 p.m. with the meet beginning at 6:15 p.m. A "positive check in" is required for the 1500 Free, which will close at 5:55 p.m. on Wednesday. A "positive check in" is also required for the 800 Free, which will close 30 minutes after the start of finals on Friday (which will be swum on Saturday). **Swimmers failing to check in by the designated time for either the 1500 free or the 800 free will not be allowed to swim that event.** The 1500 free and the 800 free will be a combined 13-14 and Senior event with the scoring broken out by age groups. A tentative time line of the 1500 freestyle will be posted on the Cottonwood Heights Aquatics Team website ([www.cottonwoodheights.com/chat.html](http://www.cottonwoodheights.com/chat.html)) after all of the entries are in. The 1500 free will be swum fastest to slowest, alternating girls and boys, until all participants who have checked in have competed. The 800 free will be limited to the top 40 girls and the top 40 boys based on the seed times after check in has closed for this event. **All 800's will be swum at the conclusion of prelims.** The top 40 girls and top 40 boys who have checked in will be seeded fastest to slowest, swam alternating girls and boys, and scored together. **The 1500 free and the 800 free may be swum 2 per lane in all heats other than the fastest girl's and the fastest boy's. Qualifying times for the 1500 free and the 800 free must have been achieved after May 1, 2006.** **Swimmers participating in individual events 400 meters or longer must supply their own timers for those events (11-**

12 400 Free, 13-14 400 Free, 13-14 400 I.M., Senior 400 Free, 800 Free and 1500 Free).

Relays will be swum as the first event of the preliminary session each day. The 11-12 400 Freestyle will be a timed finals event with the fastest girl's heat and the fastest boy's heat in the finals session. Events with 8 or fewer entrants will automatically be moved to the finals session.

**Team Volunteers:** *All teams from Utah sending 10 or more swimmers will be required to provide two (2) timers to be available for ALL sessions of prelims during the Cottonwood Heights Invitational. Lanes will be assigned as needed. Include their names, phone number & address on the Team Information Master Form. Out of state teams are welcome to help time also. If you have any questions, please contact the meet director.*

**Entries:** All entries must be submitted on the enclosed entry form or Hy-Tek compatible disk. Verification of entry times (place and date) must be submitted on the form, or a signed hard copy of entries from Team Manager. Utah time verification will be in effect. NT entries will not be accepted (other than for relays). All swimmers may enter/compete in 3 events per day plus relays, not to exceed a total of 8 individual events. Club entries must include relays and entry times for those relays if you wish to swim them. **Incorrect entries will be returned and subject to the entry deadline upon correction of the problems.** Entries will not be accepted unless the Team Information sheet is filled out completely!

**Entry Limit:** Due to the number of swimmers expected, the Cottonwood Heights Invitational **will be limited to approximately the first 275 swimmers to enter**, and the "Non-Qualifier" **will be limited to approximately the first 200 swimmers to enter not including Cottonwood Heights Aquatics Team.** Teams, however, will not be split up (this pertains only to entries received at the same time while still under the cap of the respective meet). Once the cap has been met, additional entries may be accepted (from previously accepted teams only) upon Meet Director approval based upon the time line.

**Results:** *Results will be available at [www.swimutah.com](http://www.swimutah.com) immediately following the meet.*

**Entry Fees:** *Individual events -- \$3.00 per event plus \$5.00 surcharge for competitor fee if entering electronically. If entering manually (paper entries) the fee will be \$3.50 per event plus \$5.00 surcharge. If a swimmer is swimming both the "Non-Qualifier" Meet and the Invitational, they need only pay the surcharge once. Relays -- \$5.00 each. All fees must accompany entries and are not refundable. One team check is recommended for all entries and surcharges. Make checks payable to: COTTONWOOD HEIGHTS AQUATICS TEAM (CHAT)*

**Entry Deadline:** All entries must be **received** no later than Monday, June 2, 2008. *All entries will be subject to the meet entry limit-- regardless if they are received prior to the entry deadline.*

*Teams from out of state are recommended to contact the meet director prior to making travel arrangements to make sure their entries have been accepted under the meet entry cap.*

Mail entries with fees to: Cottonwood Heights Invitational (email: [chatinvitational@hotmail.com](mailto:chatinvitational@hotmail.com))  
c/o Cottonwood Heights Aquatics  
P.O.Box 712450  
Salt Lake City, Utah 84171

**Scoring:** Individual event scoring will be 20-17-16-15-14-13-12-11 for the finals heat, and 9-7-6-5-4-3-2-1 for the consolation heat. Relays will be double the score of individual events.

**Awards:** Custom medals 1st-3rd for relays and individual events. Ribbons 4<sup>th</sup>-8<sup>th</sup> for individual events. Custom high-point awards 1<sup>st</sup>-3<sup>rd</sup>, male and female, in each age group. 1st-3rd High-point Teams combined male and female.

*At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. Coaches, if swimmers from your team are going to be attending a meet without being supervised by a coach from your team, you can assist by making arrangements in advance with a fellow coach to ensure that your athletes are appropriately supervised. Parents and swimmers, if you are going to a meet without a coach from your team and if no arrangements have been made for the swimmers' supervision, you should check in with the meet director or meet referee to arrange for such supervision.*

### **Utah Scratch Procedures**

*The scratch box will be located at the Clerk of the Course. The scratch box shall close for the following day's events 30 minutes after the beginning of the final session each day. Scratches for Thursday morning's preliminaries will close at 8:00 p.m. on Wednesday evening. Those not attending Wednesday's events must e-mail their scratches by 8 p.m. on Wednesday.*

*If a swimmer fails to scratch properly and doesn't report to the block to swim, that swimmer will be disqualified from that event and scratched from the next individual event for which he/she is entered. If a swimmer misses a second event, he/she will be barred from further competition for the remainder of the meet. Upon request and approval of the Meet Referee, the barred swimmer can be re-entered into the meet and placed in the first heat of his/her remaining events and allowed to swim for time only but will neither be eligible to score points individually or for the club.*

*A swimmer qualifying for either Consolation Finals or Championship Finals has 30 minutes after the time of the announcement of the qualifiers of each individual event to scratch. The Clerk of the Course will then seed the Consolation or the Championship heats by inserting alternates, thus filling all the lanes. Any swimmer qualifying for a Consolation or Championship final heat who fails to compete in that event shall be barred from further competition for the remainder of the meet. Declared false starts are not allowed for Consolation or Championship finals. Upon request and approval of the Meet Referee any barred swimmer can be re-entered into the meet and placed in the first heat of his/her remaining events and allowed to swim for time only, but will not be eligible to score points individually or for the club. After the final posting of the event, alternates are only eligible to fill consolation heats.*

*Results from a preliminary competition are not the same as a finals seeding posting. Any swimmer that may move into a finals seeding position as a result of scratches within the 30 minute time period is subject to all penalties. Alternates as posted in the finals seeding are not subject to any penalty. It is the swimmers responsibility to know their final placement in their event before leaving the venue.*

### **Warm-Up Procedures**

All warm-ups must be under the supervision of a USA Swimming official. Coaches have the responsibility of insuring that all their swimmers are instructed in warm-up procedures and that the swimmers follow all Utah Swimming safety procedures. All lanes of the pool will be for circle swim only. During the last 15 minutes of warm-up lanes 2 and 7 will be open for sprint/dive lanes and lanes 1 and 8 will be open for push pace lanes.

# SCHEDULE OF EVENTS

**Wednesday, June 18, 2008**

*Warm-up = 5:30 p.m.*

*Meet = 6:15 p.m.*

<u>Girls</u> <u>Q Time</u>	<u>Girls</u> <u>Evt. #</u>	<u>Event Name</u>	<u>Boys</u> <u>Evt. #</u>	<u>Boys</u> <u>Q Time</u>
21:25.99	1	13 & Older 1500 Freestyle	2	20:15.99

The 1500 Freestyles will be swum as timed finals. All entrants will be seeded fastest to slowest, and swum fastest to slowest, alternating with the fastest girls heat and the fastest boys heat.

**Thursday, June 19, 2008**

*Prelim warm-up = 7:00 a.m.*

*Prelim meet = 8:00 a.m.*

<u>Girls</u> <u>Q Time</u>	<u>Girls</u> <u>Evt. #</u>	<u>Event Name</u>	<u>Boys</u> <u>Evt. #</u>	<u>Boys</u> <u>Q Time</u>
	3	11-12 400 Medley Relay	4	
	5	13-14 400 Free Relay	6	
	7	Senior 400 Free Relay	8	
3:48.69	9	10 & Under 200 I.M.	10	3:44.79
3:13.09	11	11-12 200 I.M.	12	3:16.39
1:24.09	13	13-14 100 Butterfly	14	1:18.79
1:19.69	15	Senior 100 Butterfly	16	1:10.89
55.69	17	10 & Under 50 Breaststroke	18	55.29
46.99	19	11-12 50 Breaststroke	20	47.49
2:34.69	21	13-14 200 Freestyle	22	2:34.29
2:29.89	23	Senior 200 Freestyle	34	2:16.69
3:25.09	25	10 & Under 200 Freestyle	26	3:13.99
2:52.99	27	11-12 200 Freestyle	28	2:49.59
1:34.79	29	13-14 100 Breaststroke	30	1:29.89
1:29.39	31	Senior 100 Breaststroke	32	1:22.79
48.59	33	10 & Under 50 Butterfly	34	46.99
39.99	35	11-12 50 Butterfly	36	40.29
6:34.09	37	13-14 400 I.M.	38	6:15.59
6:10.79	39	Senior 400 I.M.	40	5:42.59

All relays will be swum in the morning session as timed finals, as the first event each day.

**Friday, June 20, 2008**

*Prelim warm-up = 7:00 a.m.*

*Prelim meet = 8:00 a.m.*

<u>Girls</u> <u>Q</u> <u>Time</u>	<u>Girls</u> <u>Event</u> <u>No.</u>	<u>Event Name</u>	<u>Boys</u> <u>Event</u> <u>No.</u>	<u>Boys</u> <u>Q</u> <u>Time</u>
	41	13-14 400 Medley Relay	42	
	43	Senior 400 Medley Relay	44	
2:01.69	45	10 & Under 100 Breaststroke	46	1:59.79
1:42.19	47	11-12 100 Breaststroke	48	1:41.49
3:28.99	49	13-14 200 Breaststroke	50	3:17.59
3:17.39	51	Senior 200 Breaststroke	52	3:01.79

*Friday, June 20, 2008 continued*

<u>Girls</u> <u>Q Time</u>	<u>Girls</u> <u>Evt. #</u>	<u>Event Name</u>	<u>Boys</u> <u>Evt. #</u>	<u>Boys</u> <u>Q Time</u>
40.39	53	10 & Under 50 Freestyle	54	40.09
34.69	55	11-12 50 Freestyle	56	35.09
31.99	57	13-14 50 Freestyle	58	31.29
31.39	59	Senior 50 Freestyle	60	27.49
48.19	61	10 & Under 50 Backstroke	62	47.99
41.29	63	11-12 50 Backstroke	64	41.59
1:21.99	65	13-14 100 Backstroke	66	1:20.19
1:20.09	67	Senior 100 Backstroke	68	1:12.29
6:00.09	69	11-12 400 Freestyle	70	5:58.49
5:34.49	71	13-14 400 Freestyle	72	5:28.79
5:19.89	73	Senior 400 Freestyle	74	5:00.09

All relays will be swum in the morning session as timed finals, as the first event each day. The 11-12 400 Free will be a timed finals event with the fastest girls heat and fastest boys heat in the finals session.

**Saturday, June 21, 2008**

*Prelim warm-up = 7:00 a.m.*

*Prelim meet = 8:00 a.m.*

<u>Girls</u> <u>Q Time</u>	<u>Girls</u> <u>Evt. #</u>	<u>Event Name</u>	<u>Boys</u> <u>Evt. #</u>	<u>Boys</u> <u>Q Time</u>
	75	11-12 400 Freestyle Relay	76	
2:55.39	77	13-14 200 I.M.	78	2:51.79
2:51.59	79	Senior 200 I.M.	80	2:35.09
1:46.09	81	10 & Under 100 Backstroke	82	1:46.29
1:29.39	83	11-12 100 Backstroke	84	1:29.99
2:59.89	85	13-14 200 Backstroke	86	2:53.79
2:52.69	87	Senior 200 Backstroke	88	2:43.79
1:31.79	89	10 & Under 100 Freestyle	90	1:31.09
1:17.19	91	11-12 100 Freestyle	92	1:17.09
1:11.29	93	13-14 100 Freestyle	94	1:08.39
1:08.29	95	Senior 100 Freestyle	96	1:00.89
1:57.69	97	10 & Under 100 Butterfly	98	1:55.49
1:31.99	99	11-12 100 Butterfly	100	1:31.09
3:03.69	101	13-14 200 Butterfly	102	2:55.49
2:55.89	103	Senior 200 Butterfly	104	2:41.99
11:20.69	105	13 & Older 800 Freestyle	106	10:45.99

The 800 Freestyles will be swum as a timed final. All entrants will be seeded fastest to slowest, and swum fastest to slowest, alternating with the fastest girls heat and the fastest boys heat.

All relays will be swum in the morning session as timed finals.

# Swimmer Entry Form

## *33<sup>rd</sup> Annual Cottonwood Heights Invitational*

### *June 18, 19, 20 and 21, 2008*

*Held under the sanction of USA Swimming*

Entry fees received \_\_\_\_\_

Time verification \_\_\_\_\_

Registration verification \_\_\_\_\_

Other \_\_\_\_\_

\_\_\_\_\_

Meet Operations Use Only

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USA Swimming ID (MMDDYYFirst3Middle1or\*Last4)

--	--	--	--	--	--

Team Code

**Please Print**

\_\_\_\_\_  
Last Name

<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 20px;"> </td><td style="width: 20px;"> </td></tr> </table> <p>Sex</p>			<p>_____ Email Address</p>

\_\_\_\_\_  
Legal First Name

\_\_\_\_\_  
MI

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Birth Date [MMDDYY]

\_\_\_\_\_  
Preferred Name (complete only if different than Legal First Name)

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Age

\_\_\_\_\_  
Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
Team Name

(    )

\_\_\_\_\_  
Home Telephone

Evt #	Stroke	<u>Distance</u>	Entry Time	Verification	Meet & Date
1.	FR BR BK FL IM	50 100 200 400 500 Other	_____ : ____.	_____	_____
2.	FR BR BK FL IM	50 100 200 400 500 Other	_____ : ____.	_____	_____
3.	FR BR BK FL IM	50 100 200 400 500 Other	_____ : ____.	_____	_____
4.	FR BR BK FL IM	50 100 200 400 500 Other	_____ : ____.	_____	_____
5.	FR BR BK FL IM	50 100 200 400 500 Other	_____ : ____.	_____	_____
6.	FR BR BK FL IM	50 100 200 400 500 Other	_____ : ____.	_____	_____
7.	FR BR BK FL IM	50 100 200 400 500 Other	_____ : ____.	_____	_____
8.	FR BR BK FL IM	50 100 200 400 500 Other	_____ : ____.	_____	_____

	<input checked="" type="checkbox"/>		=		+		=	
Number of events		Cost per event		Subtotal		Surcharge		Total Fee

**Notice:** No entry will be accepted unless this section is completed. The undersigned swimmer, coach, parent or team representative of the swimmer listed above hereby certifies that the swimmer is a registered member of USA Swimming and that all times stated on this form are true and correct. The undersigned further assumes responsibility for any false or incorrect times, and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures, and that a fine of \$20.00 shall be paid to Utah Swimming Inc. for each incorrect time, unless corrected before the entry deadline. It is understood that an automatic call before the review section shall be the result for a third entry time that cannot be verified. The undersigned further agrees that a penalty of \$100.00 shall be assessed to anyone signing below and indicating that the above swimmer is registered with USA Swimming at the time of entry, and it is subsequently proved that the swimmer was not so registered.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## June 19, 20 and 21, 2008

- Sanction Number:** UT08-036: Meet held under the sanction of United States Swimming, Inc. In granting this sanction number, it is understood and agreed USA Swimming shall be free from any and all liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event. "Whether entries are submitted electronically or on paper, by the action of entering the swimmer in the meet the submitter, whether the swimmer, coach, parent or team representative, certifies that the swimmer is a registered member of USA Swimming and that all times stated in/on the entry are true and correct. The submitter further assumes responsibility for any false or incorrect times, and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures, and that a fine of \$20.00 shall be paid to Utah Swimming, Inc. for each incorrect time, unless corrected before the entry deadline. It is understood that an automatic call before the review section shall be the result for a third entry time that cannot be verified. The submitter further agrees that a penalty of \$100.00 shall be assessed to anyone entering a swimmer in a meet sanctioned by Utah Swimming, Inc. who is not registered with USA Swimming at the time of entry upon it being proved that the swimmer was not so registered."
- Location:** Cottonwood Heights Recreation Center (801-943-3190)  
7500 South 2700 East  
Salt Lake City, Utah 84121
- Dates:** THURSDAY, JUNE 19, 2008, FRIDAY, JUNE 20, 2008, SATURDAY, JUNE 21, 2008
- Course:** Cottonwood Heights Recreation Center is an outdoor 50-meter pool; with eight, nine foot swimming lanes; separate warm-up pool; Keiffer lane lines; Paragon inclined blocks; Colorado Timing system with horn start and score boards.
- Meet Director(s):** Lyse' Durrant (801) 943-3190 ext. 116 or [lysed@cottonwoodheights.com](mailto:lysed@cottonwoodheights.com)
- Meet Referee:** Chanin Gammill (Thursday), Debby Fleisch (Friday), Cari Oviatt (Saturday)
- Head Starter(s):** Kyle Westra, Rob Miner
- Rules:** 2008 USA Swimming Rules will apply. Utah Swimming warm-up rules will be in effect and will be posted.
- Eligibility:** Please refer to the Cottonwood Heights Invitational information for this information. Swimmers age as of June 19, 2008 will determine age for the entire meet.
- Meet Format:** Warm-up will start no earlier than 1:00 p.m., with the meet starting at 1:30 p.m. or 15 minutes after the Invitational ends. Warm-up may begin in the diving tank upon Meet Referee recommendation. See Invitational information for additional warm-up procedures. We will be using a "negative swimmers" check in – ***Coaches will be responsible for scratching athletes not in attendance.*** Scratches will close 15 minutes prior to the start each session. 13-14 and Senior Swimmers will swim in the "13-Over" age group. All events will be timed finals. There will be no penalty for a swimmer failing to swim an event. ***A mandatory scratch down may apply at this meet, subject to the provisions of USA Swimming Rules and Regulations (205.3.1F).*** If a scratch down is necessary, one refund check will be returned to each team for events scratched to meet the timeline.
- Entries:** All entries must be submitted on the enclosed entry form. A swimmer's best time must not equal or exceed the qualifying time for the Invitational in any event they wish to swim in the "Non-Qualifier" meet. All swimmers may enter/compete in 3 events per day, not to exceed a total of 8 individual events. Swimmers may swim in the Invitational and in the "Non-Qualifier" meet as long as it does not involve more than 3 events in any one day and 8 individual events total. "NT's" will not be accepted and will be scratched before the meet program is finalized. ***The host team reserves the right to enter their swimmers with "NT's".*** All entries must have verification of time achieved, and Utah Time Verification procedures will be in effect. Coaches and parents, please help with this as the time line for the meet is going to be tight. ***Incorrect entries will be returned and subject to the meet entry number limit as well as the entry deadline upon correction of the problems. Entries will not be accepted unless the Team Information Master Form is filled out completely!*** Verification of times submitted and of registration status, please see Invitational Information.
- Entry Limit:** Please refer to the Cottonwood Heights Invitational information for this information.
- Entry Deadline:** Please refer to the Cottonwood Heights Invitational information for this information.
- Entry Fees:** Individual events -- \$2.50 per event plus \$5.00 surcharge for competitor fee if entering the meet electronically. If entering manually (paper entries) \$3.00 per event plus \$5.00 surcharge. ***If a swimmer is swimming both the "Non-Qualifier" Meet and the Invitational, they need only pay the surcharge once.*** All fees must accompany entries and are not refundable. One team check is recommended for all entries and surcharges. **Make checks payable to: Cottonwood Heights Aquatics Team (CHAT)**
- Results:** Results will be available at [www.swimutah.com](http://www.swimutah.com) immediately following the meet.
- Awards:** Ribbons will be given 1<sup>st</sup> - 8<sup>th</sup> place for each individual event with the 13-Over category split out into 13-14 and 15-Over (senior).
- Concessions:** Will be available during the meet.
- Warm-Up Procedures:** Please refer to the Cottonwood Heights Invitational information for this information.

*At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. Coaches, if swimmers from your team are going to be attending a meet without being supervised by a coach from your team, you can assist by making arrangements in advance with a fellow coach to ensure that your athletes are appropriately supervised. Parents and swimmers, if you are going to a meet without a coach from your team and if no arrangements have been made for the swimmers' supervision, you should check in with the meet director or meet referee to arrange for such supervision.*

## 18<sup>th</sup> ANNUAL COTTONWOOD HEIGHTS "NON-QUALIFIER" MEET

# SCHEDULE OF EVENTS

**Thursday, June 19, 2008**

*Warm-up = 1:00 p.m.*

*Meet = 1:30 p.m.*

<u>Girls</u> <u>Event #</u>	<u>Event Name</u>	<u>Boys</u> <u>Event #</u>
1	10 & Under 200 Freestyle	2
3	11-12 200 Freestyle	4
5	13-Over 200 Freestyle	6
7	10 & Under 50 Breaststroke	8
9	11-12 50 Breaststroke	10
11	13-Over 100 Breaststroke	12
13	10 & Under 50 Butterfly	14
15	11-12 50 Butterfly	16
17	13-Over 100 Butterfly	18
19	10-Under 200 I.M.	20

*Meet = 1:30 p.m.*

<u>Girls</u> <u>Event #</u>	<u>Event Name</u>	<u>Boys</u> <u>Event #</u>
41	13-Over 200 I.M.	42
43	10 & Under 100 Backstroke	44
45	11-12 100 Backstroke	46
47	13-Over 200 Backstroke	48
49	10 & Under 100 Freestyle	50
51	11-12 100 Freestyle	52
53	13-Over 100 Freestyle	54
55	10 & Under 100 Butterfly	56
57	11-12 100 Butterfly	58
59	13-Over 200 Butterfly	60

**Friday, June 20, 2008**

*Warm-up = 1:00 p.m.*

*Meet = 1:30 p.m.*

<u>Girls</u> <u>Event #</u>	<u>Event Name</u>	<u>Boys</u> <u>Event #</u>
21	11-12 200 I.M.	22
23	13-Over 200 Breaststroke	24
25	11-12 100 Breaststroke	26
27	10 & Under 100 Breaststroke	28
29	13-Over 100 Backstroke	30
31	11-12 50 Backstroke	32
33	10 & Under 50 Backstroke	34
35	13-Over 50 Freestyle	36
37	11-12 50 Freestyle	38
39	10 & Under 50 Freestyle	40

**Saturday, June 21, 2008**

*Warm-up = 1:00 p.m.*



# Cottonwood Heights Aquatics

## Team Information Master Form

Team Name: \_\_\_\_\_

Team Address: \_\_\_\_\_

Team Contact & phone number: \_\_\_\_\_

Contact e-mail: \_\_\_\_\_

# of swimmers in Invitational: \_\_\_\_\_

# of entries in Invitational: \_\_\_\_\_

# of relays in Invitational: \_\_\_\_\_

# of swimmers in Non-Qualifier: \_\_\_\_\_

# of entries in Non-Qualifier: \_\_\_\_\_

Name(s) of volunteer timers: (1) \_\_\_\_\_

(Prelim sessions only during *Thursday - Friday - Saturday*  
the Invitational.)

Phone #: \_\_\_\_\_

Day(s) preferred: \_\_\_\_\_

Address: \_\_\_\_\_

(2) \_\_\_\_\_

Day(s) preferred: \_\_\_\_\_

Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

# 33<sup>rd</sup> Annual Cottonwood Heights Invitational

## MASTER RELAY ENTRY FORM (Make copies as needed: 1 per age group/sex)

**Team Name:**

**Event #:**

**Sex:**                      **Female**                      **Male**  
*(Please Circle)*

**Age Group:**            **10-Under**                      **11-12**                      **13-14**                      **Senior**  
*(Please Circle)*

**Relay:**                      **400 M.R.**                      **400 F.R.**  
*(Please Circle)*

*“A” Relay Entry Time:*

*“B” Relay Entry Time:*

*“C” Relay Entry Time:*

*“D” Relay Entry Time:*

**Team Name:**

**Event #:**

**Sex:**                      **Female**                      **Male**  
*(Please Circle)*

**Age Group:**            **10-Under**                      **11-12**                      **13-14**                      **Senior**  
*(Please Circle)*

**Relay:**                      **400 M.R.**                      **400 F.R.**  
*(Please Circle)*

*“A” Relay Entry Time:*

*“B” Relay Entry Time:*

*“C” Relay Entry Time:*

*“D” Relay Entry Time:*